



## WHAT TO EXPECT

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### During a Soul Level Animal Communication® Session

Thank you for your interest in an animal communication session. I look forward to supporting this conversation between you and your animal.

#### WHAT IS ANIMAL COMMUNICATION?

Animal communication is an intuitive exchange of information between humans and animals. Information may be received as images, words, emotions, physical sensations, or a simple inner knowing. Because our connection occurs at the soul level, location does not matter. Sessions can be conducted remotely and may include animals who are in another location or have crossed over. A photo is not necessary; setting an intention to connect with your specific animal is like a heart-centered dialing of their unique frequency, a quiet call from my soul to theirs.

Communication can include topics on the physical level, such as food preferences, comfort, routines, changes in the home or family, and what your animal most needs you to know about their daily experience. In Soul Level Animal Communication®, the conversation also explores themes of growth emerging through your connection with your animal. These insights are unique to each relationship.

While different people in a household may share a bond with the same animal, the soul lesson that emerges is specific to your individual relationship. Your animal may be working on similar or different themes with other family members, but what comes through in our session reflects your unique journey together. To support focused listening and allow space for your own connection to emerge, sessions are held with one person on the call.

#### WHAT TO EXPECT DURING A SESSION

- The session will be conducted via Zoom (audio only) to support focused listening and presence.
  - You may request a recording of the call to hold as a sacred keepsake for your personal reflection. Please keep it private to respect the intimacy of our conversation.
  - I start by inviting your animal to share what feels most important from their perspective, and then we move into the questions or intentions you bring.
  - You may also receive impressions related to your animal's personality, emotional experience, or relationship with you.
  - We will explore the Soul Lesson your animal is sharing with you and the specific ways they are supporting your personal growth in this lifetime. Your animal may also share insights about what your relationship is inviting you to notice, understand, or experience in your life together.
  - You may find that you receive intuitive impressions during our session: images, words, feelings, or a quiet sense of knowing. I welcome that. You know your animal deeply, and what you notice or receive matters too.
  - Each animal comes to the session with their own wisdom, their own voice, and their own sense of what they are ready to share, explore, or change.
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## BEFORE THE SESSION

- Select and purchase a session:
  - 25 Minutes: 1 animal, 1-2 questions, a specific concern, or a brief connection.
  - 55 Minutes: 1 or 2 animals, multiple questions, and deeper exploration.
- Decide which animal(s) you want to talk with.
- Think about the question(s) you wish to ask each animal.
- If you choose to take notes during or after the session, an Animal Communication Reflection Guide is available to print at <https://www.eternalheartconnections.com/soul-level-animal-communication>.

## DURING THE SESSION

- Be in a quiet place where you will not be distracted or interrupted.
- Your animal does not need to be present; allow them to be doing whatever they wish.
- You are welcome to simply listen and be present during our conversation. If you prefer to take notes, you may use the Reflection Guide available on my website, or you can wait and revisit the recording later to capture what stands out.
- I welcome your heart's resonance. If something doesn't feel quite right, please share that with me; it allows us to pause and ask your animal for deeper clarity. Sometimes information that doesn't immediately make sense becomes clearer after the session as you reflect on it or revisit your recording.
- You may find yourself receiving intuitive information during our session. If something comes to you, trust it and feel free to share it with me. Your own impressions are welcome here and may deepen our exploration.

## AFTER THE SESSION

- Continue to notice what stands out to you after the session. Sometimes understanding unfolds gradually through observation, reflection, and continued relationship with your animal.
- If you requested a recording, download it promptly so you don't lose access, and revisit it when you are ready. Listening again often reveals insights that weren't immediately apparent during the session.
- Contact me if you have questions or would like additional support.
- After our session, you will receive a short survey from me via Calendly. Your feedback matters to me and helps me serve you better. I would be grateful if you took a moment to complete it.

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